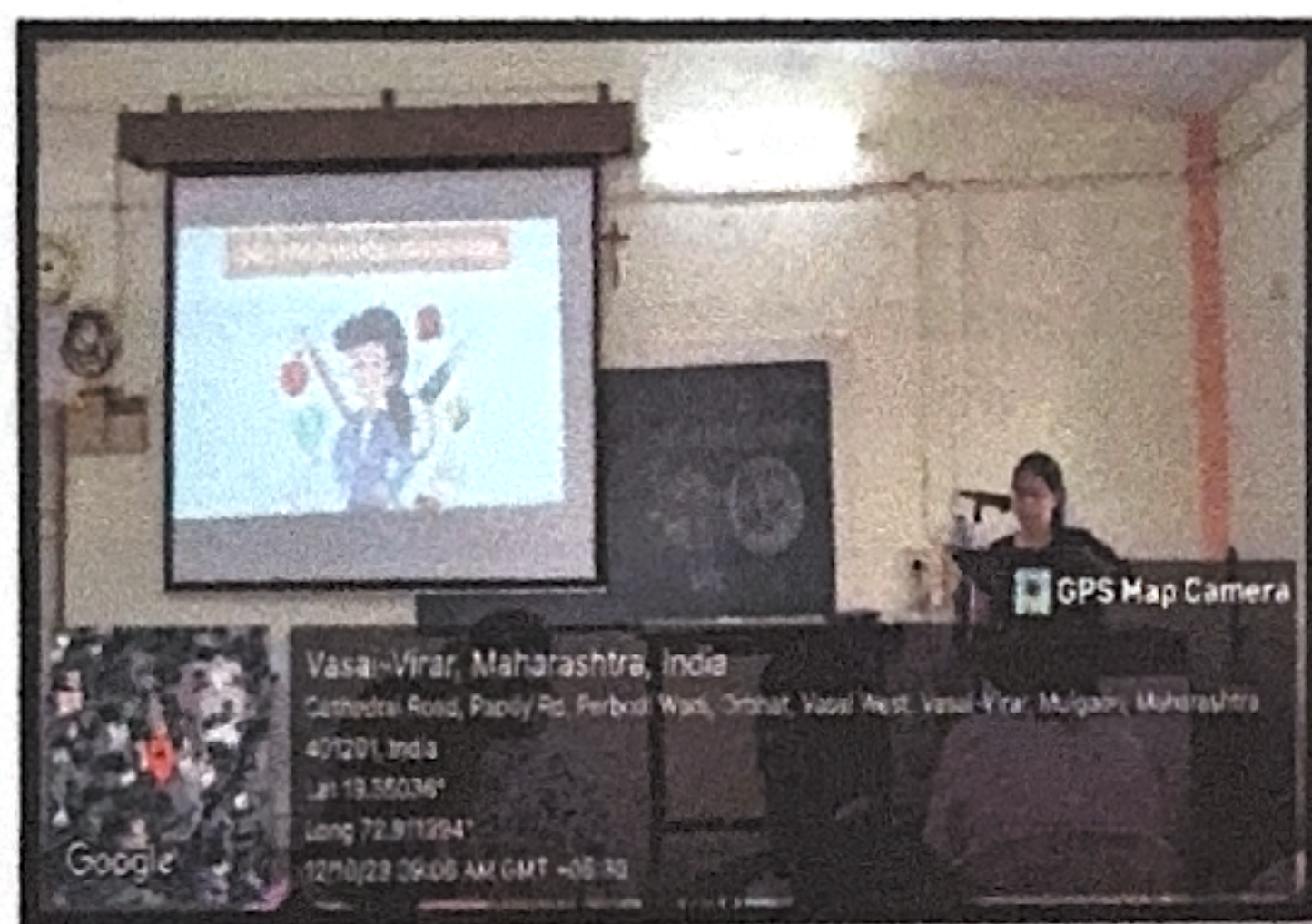


PUSHPANJALI COLLEGE OF EDUCATION, PAPDY, VASAI (W) WOMEN DEVELOPMENT CELL

Report on Activities held in 2023-24

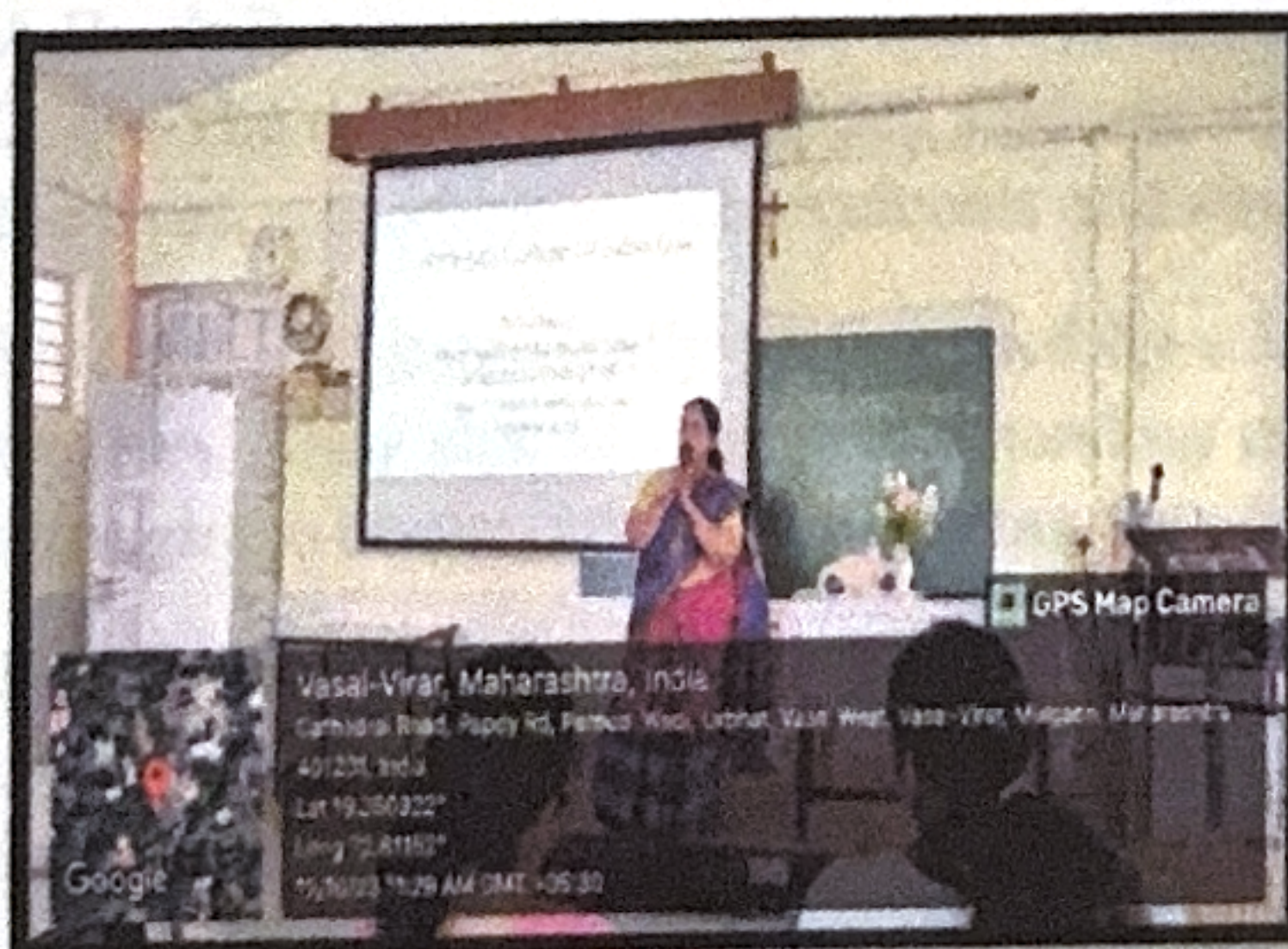
Observance of International Day of the Girl Child

International Day of the Girl Child was observed in the college on 12th October 2023 to promote awareness about the rights and empowerment of girls. The theme for the year, 'Invest in Girls' Rights: Our Leadership, Our Well-being' was highlighted during the programme. The importance of girl child education in India was discussed, focusing on the challenges faced by girls and the need for equal opportunities in education. The session emphasized how education plays a vital role in empowering girls and shaping a progressive society, making the observance both meaningful and impactful.



Session on Gender Sensitization and Empowerment

A session was conducted on 12th October on Gender Sensitization and Empowerment by Mrs. Shalini Jadhav from Sakhya Foundation wherein she shared valuable insights on gender roles, stereotypes, and the need to promote respect and equal opportunities for all. The discussion also highlighted various aspects of women's empowerment and the role individuals can play in bringing about positive social change. Students actively participated in the session, making it interactive and thought-provoking. The programme proved to be informative and impactful in sensitizing students towards gender-related issues.



Orientation towards Legal Provisions for Women

An orientation programme on legal provisions for women was conducted as part of the course Gender, School, and Society. The session focused on creating awareness about various acts and laws related to the protection and empowerment of women. Important legal provisions were discussed in detail, helping students understand their rights and responsibilities. The teacher guided the session, followed by an interactive discussion where students actively participated by sharing their views and insights. The programme proved to be informative and engaging, enhancing students' understanding of gender-related legal frameworks.

Women's Day Celebration

Women's Day was celebrated in the college with great enthusiasm to honour the achievements and contributions of women. The theme for International Women's Day 2024, 'Inspire Inclusion' was highlighted during the programme. The celebration included discussions on women's empowerment, gender equality, and the importance of creating an inclusive society. Various activities such as speeches and interactive sessions were conducted, encouraging students to express their views and participate actively. The event served as a meaningful platform to raise awareness and inspire respect, equality, and inclusion for women in all spheres of life.

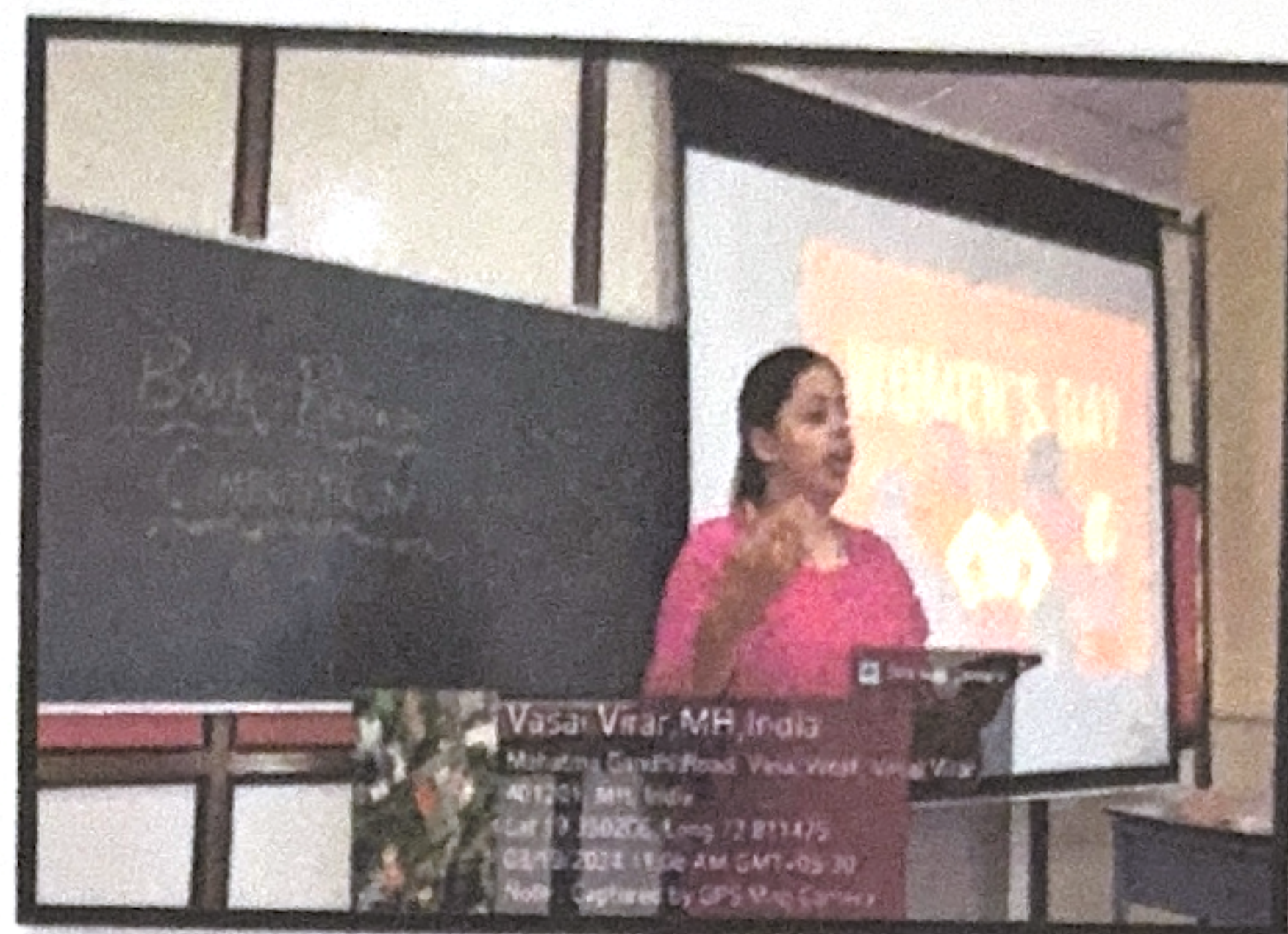


Book Review Competition on the occasion of Women's Day

A Book Review Competition was organised on the occasion of Women's Day on 19th March 2024. The competition provided students with an opportunity to explore books that portrayed the lives, experiences, achievements and struggles of women.

Students enthusiastically participated by selecting books of their choice and presenting their reviews. They shared their understanding of the themes, characters and messages conveyed through the books, while highlighting the contribution and challenges of women in society.

The activity encouraged students to develop a reading habit, critical thinking and effective communication skills. It also provided a meaningful platform to reflect on women's empowerment, equality, resilience and social change.



Session on Women and Health – ‘Revive and Thrive Through Physiotherapy’

A session ‘Revive and Thrive Through Physiotherapy’ was conducted by Dr. Concessao Colaco on 16th March highlighting the importance of physiotherapy in maintaining proper physical health and overall well-being. She explained how physiotherapy can help in preventing and managing common health issues, improving posture, and enhancing quality of life. Considering that it is a teacher training college, she also demonstrated specific exercises that are beneficial for teachers who have to stand for long hours, helping to reduce strain and maintain physical fitness. The session was informative and engaging, encouraging students to prioritize their health and adopt healthy lifestyle practices.



Sanika Asolkar

Teacher-in-charge
Ms Sanika Asolkar

Sr. Delicia Fernandes

I/C Principal
Sr. Delicia Fernandes