

PUSHPANJALI COLLEGE OF EDUCATION, PAPDY, VASAI (W)

WOMEN DEVELOPMENT CELL

Report on Activities held in 2025-26

Orientation towards Legal Provisions for Women

An orientation programme on Awareness about Legal Provisions for Women was conducted as part of the course Gender, School and Society by Ms. Celina Fernandes, wherein she provided valuable insights into various legal provisions, acts, and laws aimed at protecting and empowering women. The session focused on creating awareness about women's rights and the importance of legal literacy in promoting gender equality. It also included interactive discussions, where students actively participated and shared their views. The programme was informative and helped enhance students' understanding of legal safeguards available for women.

Observance of National Girl Child Day

National Girl Child Day was observed in the college on 24th January 2026 with the objective of creating awareness about the rights, education, and empowerment of the girl child. The theme for the year 'Empowering Girls for a Bright Future' was highlighted during the programme. The session focused on the importance of girl child education, gender equality, and the need to eliminate discrimination against girls in society. The observance was meaningful and served as a platform to promote awareness and encourage a supportive and inclusive environment for the girl child.



Session on Awareness regarding laws, acts highlighting women's safety mainly in workplaces

A session on Awareness regarding laws and acts highlighting women's safety, especially in workplaces was conducted in the college by Vasai Janhit Trust on 4th March. The resource person for the session, Mrs. Smita Lopes, provided valuable insights into important legal frameworks such as the POSH (Prevention of Sexual Harassment) Act and the POCSO (Protection of Children from Sexual Offences) Act. She explained the key provisions of these laws, their significance, and the measures to be taken to ensure safety and protection in

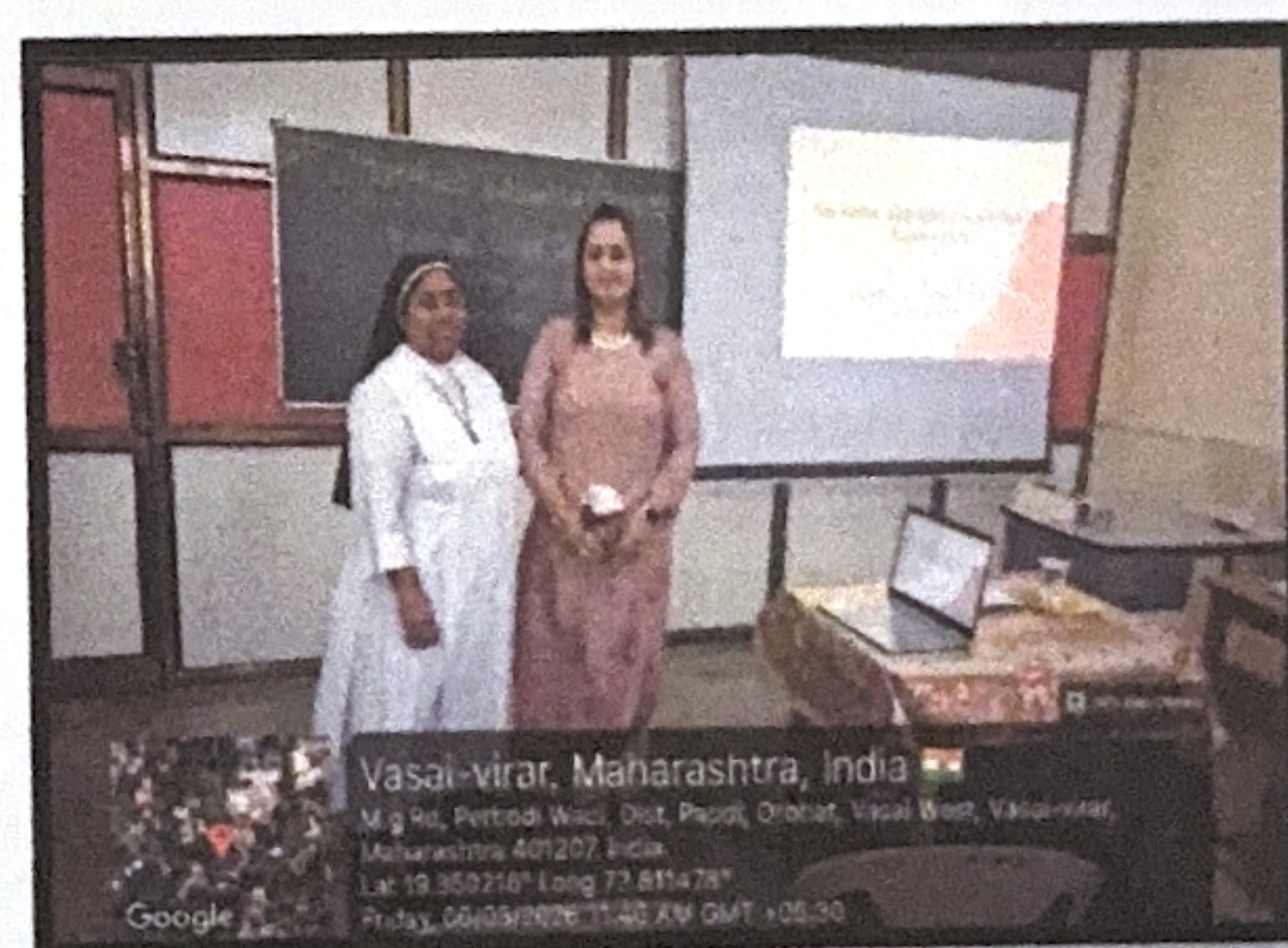
professional and educational settings. Special emphasis was given on the role and responsibilities of future teachers in creating a safe and respectful environment for students and colleagues. The session was informative and interactive, helping students gain a better understanding of legal awareness and their role in promoting women's safety.



Session on Women's Wellness and Nutrition

A session on Women's Wellness and Nutrition was conducted in the college on 6th March by Dietician Sharon Gonsalves as the resource person. She provided valuable inputs on the importance of maintaining proper eating habits and a balanced diet for overall health and well-being.

During the session, she addressed common misconceptions related to diet and nutrition by busting various myths and providing scientifically accurate information. She also solved students' queries, making the session interactive and engaging. The programme was informative and helped create awareness about the importance of healthy lifestyle choices among students.



Women's Day Celebration

Women's Day was celebrated with great enthusiasm and active participation from students. The theme for International Women's Day 2026, 'For All Women and Girls: Rights. Equality. Empowerment', was highlighted during the programme. The celebration focused on creating awareness about women's rights, gender equality, empowerment and equal opportunities. Students were encouraged to recognise the contributions of women in different fields and to understand the importance of creating a society where women and girls can live with dignity,

freedom and equal rights. The programme also provided an opportunity for students to reflect on the challenges faced by women and the need for collective efforts towards empowerment and inclusion.



Role Play Competition on Women Role Models

As part of the event, an individual role play competition was conducted in which students portrayed various women role models and highlighted their significant contributions to society. Students selected inspiring women from different fields and presented their life stories, achievements, struggles and contributions through creative performances. Through their role plays, students brought out the determination, courage and resilience demonstrated by these women and conveyed meaningful messages to the audience. The activity helped create awareness and appreciation for the achievements of inspiring women while also developing students' confidence, creativity, communication and presentation skills.



Sanika Asolkar

Teacher-in-charge
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